

## Dexamethasone Suppression Test

NB: If you are also asked to collect a 24h urine sample then do this *before* you start the dexamethasone tablets.

**BLOOD TEST - Number 1** *either.. Today in clinic or.. 9am on Day 1*

The Tablets:

Take **Dexamethasone**, 1 tablet (0.5mg) every 6 hours for 48 hours

<b>Day 1</b>	9am	(After the first blood test if this is done today)
	3pm	
	9pm	
	3am	Set your alarm! (Tablets and water beside the bed)
<b>Day 2</b>	9am	
	3pm	
	9pm	
	3am	Set your alarm! (Tablets and water beside the bed)
<b>Day 3</b>	9am	<b>BLOOD TEST - Number 2</b>

## Dexamethasone Suppression Test

NB: If you are also asked to collect a 24h urine sample then do this *before* you start the dexamethasone tablets.

**BLOOD TEST - Number 1** *either.. Today in clinic or.. 9am on Day 1*

The Tablets:

Take **Dexamethasone**, 1 tablet (0.5mg) every 6 hours for 48 hours

<b>Day 1</b>	9am	(After the first blood test if this is done today)
	3pm	
	9pm	
	3am	Set your alarm! (Tablets and water beside the bed)
<b>Day 2</b>	9am	
	3pm	
	9pm	
	3am	Set your alarm! (Tablets and water beside the bed)
<b>Day 3</b>	9am	<b>BLOOD TEST - Number 2</b>